### I am with you always

May 24 we celebrate The Ascension of Our Lord. Ascension refers to the day celebrated 40 days after Easter when Catholics celebrate the fact that Jesus returns to God after being with his disciples after the resurrection. This is not meant to be taken as a literal passage in the sense of a "beam me up" kind of story. The Ascension signifies that Christ is no longer bound by the time and space that he was while he was in the fullness of his humanity. Jesus is Lord and that means that Lordship goes beyond mere humanity. Most importantly, the day signifies that God can be experienced anywhere and not just in time and space. We may not physically see Jesus, but he has never really left us. Source: BustedHalo.com



# Did you know?

When we say we believe in "the holy, catholic church", we aren't saying "Catholic" church (with a capital "c"), but rather "catholic" with a lower case "c", meaning "universal" or "according to the whole". So, when we profess the Creed we are saying that we believe in the one, universal church that Jesus established here on earth. It's not an exclusive club, it's for EVERYONE!

Watch "What's Catholic" for a quick low down on what catholic means.



#### The Creed

The Creed, AKA the Christian Profession of Faith, goes "all the way back to Jesus, who commands his disciples to baptize. In doing so, they were to require of the people seeking Baptism the profession of a definite faith, namely in the Father, the Son, and the Holy Spirit." (YouCAT 27) Catholics profess their Faith at every Mass. We do it together, as one voice, because a common faith is the foundation for the Church's unity.

Do you believe what you say when you say the Creed? Here's a <u>video</u> that challenges that very question.

## St. Emíle Parísh News

\*Due to the spread of COVID-19, all scheduled activities in the church have been cancelled. The Bishop has ordered that there can be no gatherings at all at the church. This includes no personal prayer at the church or Adoration.

You may still join the community virtually by logging on to Masses online.

St. Paul Diocese 11:00 am, Sunday: <u>https://</u> www.youtube.com/channel/

<u>UCRyBeUwyXMAgCAtDEce-CUg</u> Mass with Bishop Paul Terrio or search Dioceses of St.Paul, Alberta on FaceBook

St. Joseph Basilica 10:30 am, Sunday: <u>grandinmedia.ca/livestream</u> Mass with Archbishop Smith

Fort Sask. Our Lady of the Angels: <u>https://</u> www.facebook.com/FrKrisSchmidt/

The Light of Week of May 24-30 Legal School Faith News

### Offer up worship to the Lord with this beautiful song.



# Let Us Pray ...

The Apostles' Creed I believe in God, the Father almighty, Creator of heaven and earth,

and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven,
and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins,
the resurrection of the body, and life everlasting. Amen