

Come Holy Spirit!

Sunday, May 31st is Pentecost!! It is the last Sunday in the Easter season! Pentecost is when the Holy Spirit is sent to the disciples; thus equipping them to go out and spread the good news to all nations. Basically, Pentecost marks the beginning of the Church: the church's BIRTHDAY! Jesus had promised not to leave us orphaned, and so He sent the Holy Spirit to lead and guide us here on earth. The Disciples were each given special gifts from the Spirit to be used for the good of others; and; likewise, we have also recieved special gifts and talents. Ask the Holy Spirit to reveal to you what you're special gifts are and how you can use them to further His Kingdom!

The Spirit's presence is shown in some way in each person for the good of all. 1 Cor. 12:7



Did you know?

All Catholics receive the seven gifts of the Holy Spirit at Baptism and they are activated at Confirmation. They are our spiritual "weapons" to fight the good fight of our faith; but it's up to us to exercise them!

So what are you waiting for? Start EXERCISING!

Try this [experiment](#) about stirring up the Spirit!

Watch this [2 min video](#) on Pentecost.



The Catholic CORNER

Gifts and Fruits of the Holy Spirit

The Church recognizes 7 GIFTS of the Spirit and 12 FRUITS of the Spirit. What's the difference? Well, the gifts are like special "powers" that God gives us to become His special instruments in this world. They are: Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety, and Fear of the Lord (Awe). The fruits are what comes out of sharing our gifts; they are what the world sees from people who let themselves be adopted, led, and completely formed by God. The Fruits are: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Generosity, Gentleness, Modesty, Self-Control and Chastity.

Watch this fun, short [video](#) on the Holy Spirit explained.

St. Emile Parish News

*Until restrictions are lifted due to the Covid-19 pandemic, Mass will continue to be televised on line and on TV (please see links below). Once restrictions are lifted all are welcome to join the community to worship at St. Emile Parish in Legal for 9:30 am Mass every Sunday. Please stay informed by checking either the [St. Paul Diocese website](#) or the [Edmonton Archdiocese website](#).

St. Paul Diocese 11:00 am, Sunday: <https://www.youtube.com/channel/UCRyBeUwyXMAgCAtDEce-CUg> Mass with Bishop Paul Terrio

St. Joseph Basilica 10:30 am, Sunday: grandinmedia.ca/livestream Mass with Archbishop Smith

Fort Sask. Our Lady of the Angels: <https://www.facebook.com/FrKrisSchmidt/>

The Light Week of May 31- Jn 6

Legal School Faith News



Let Us Pray ...



Prayer to the Holy Spirit



Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, Through Christ Our Lord, Amen. 